



CACFP Center Menu



Cycle Menu	Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast						
Milk		Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole
Veg/Fruit		Fresh Apples	Fresh Grapes	Blueberries	Applesauce	Fresh Oranges
Grain		WG Toast		Frosted Mini Wheats	English Muffins	WG Waffle
Meat/Meat Alternate			Yogurt			
Other Foods						
AM Snack (2 of 5)						
Milk			Milk, 1%, whole	Water	Milk, 1%, whole	Milk, 1%, whole
Meat/Meat Alternate				Yogurt		
Vegetables						
Fruit		100% Berry Juice		Mandarin Oranges		Pears
Grains		English Muffin	WG Cheerios		WG Toast	
Lunch						
Milk		Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole
Meat/Meat Alternate		Fish	Egg	Chicken	Pork Chop	Taco Burger
Vegetables		Peas and Carrots	Hash Browns	Green Beans	Mashed Potatoes	Baked Beans
Veg/Fruit		Pineapple	Fresh Canteloupe	Peaches	Apricots	Applesauce
Grains		WG Bread	WG Waffle	Noodles	WG Bread	WG Bun
Other Foods		Yogurt		Cheese Slice		Shredded Cheese
PM Snack (2 of 5)						
Milk		Milk, 1%, whole	Water	Milk, 1%, whole	Water	
Meat/Meat Alternate			Peanut Butter		Cottage Cheese	Cheese Stick
Vegetables				Fresh Peppers		
Fruit			Fresh Apples		Pineapple	100% Tomato Juice
Grains		Animal Crackers		WG Triscuits		

This institution is an equal opportunity provider.