



CACFP Center Menu



Cycle Menu	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast						
Milk		Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole
Veg/Fruit		Fresh Grapes	Fresh Orange Slices	Peaches	Pears	Apricots
Grain		Bagel	WG Toast		Oatmeal	Frosted Mini Wheats
Meat/Meat Alternate				Cottage Cheese		
Other Foods						
AM Snack (2 of 5)						
Milk		Milk, 1%, whole	Milk, 1%, whole		Water	Milk, 1%, whole
Meat/Meat Alternate				Bean Dip		
Vegetables						
Fruit				100% Berry Juice	Fresh Grapes	Blueberries
Grains		WG Toast	WG Cheerios	WG Chips	Cheese Nip Crackers	WG Waffles
Lunch						
Milk		Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole
Meat/Meat Alternate		Pizza Burger	Tuna Salad	Hamburger	Turkey Meatballs	Egg
Vegetables		California Blend Veggies	Cooked Carrots	Corn	Green Beans	Peas
Veg/Fruit		Fresh Watermelon	Peaches	Apricots	Pineapple	Mandarin Oranges
Grains		WG Bun	WG Bread	WG Bun	WG Bread	Mac & Cheese
Other Foods			Cheese Stick	Cheese Slice		
PM Snack (2 of 5)						
Milk		Water		Milk, 1%, whole	Milk, 1%, whole	Water
Meat/Meat Alternate		Yogurt				Peanut Butter
Vegetables				Fresh Cucumbers		
Fruit		Pineapple	100% Apple Juice		Fresh Oranges	Raisins
Grains			Club Crackers	Ritz Crackers		Saltines

This institution is an equal opportunity provider.