



CACFP Center Menu



Cycle Menu	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast						
Milk		Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole
Veg/Fruit		Fresh Grapes	Fresh Apple	Fresh Oranges	Pineapple	Blueberries
Grain		Rice Krispies		WG Toast	Rice Chex	WG Waffle
Meat/Meat Alternate			Peanut Butter			
Other Foods						
AM Snack (2 of 5)						
Milk		Milk, 1%, whole	Water	Water	Milk, 1%, whole	Milk, 1%, whole
Meat/Meat Alternate				Yogurt		
Vegetables						
Fruit			Fresh Oranges	Fresh Grapes	Apricots	
Grains		English Muffins	WG Goldfish			Crispix Cereal
Lunch						
Milk		Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole
Meat/Meat Alternate		Eggs	Pork Chop	Hamburger Goulash	Meat Loaf	Fish
Vegetables		Fresh Carrots	Peas	Green Beans	Mashed Potatoes	Mixed Vegetables
Veg/Fruit		Pears	Peaches	Applesauce	Fresh Oranges	Pineapple
Grains		WG Bread	WG Bun	WG Rotini	WG Bread	WG Bun
Other Foods		Peanut Butter		Cheese Slice/WG Bread		Cottage Cheese
PM Snack (2 of 5)						
Milk			Milk, 1%, whole	Milk, 1%, whole	Water	Milk, 1%, whole
Meat/Meat Alternate		Ham		Peanut Butter	Cheese Stick	
Vegetables					Fresh Carrot Sticks	Fresh Cauliflower
Fruit		100% Berry Juice				
Grains		WG Tortilla	Teddy Grahams	WG Bread	WG Wheat Thins	Saltine Crackers

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